**Uncommon Therapy**

######  Notice of Privacy Practices

**This notice describes how Medical information about you may be used and disclosed, and how** **you can get access to**

**this information. *Please review it carefully.***

This Notice of Privacy Practices describes how I may use and disclose your protected health information to carry out

treatment, payment or health care operations, and for other purposes that are permitted or required by law. It also describes

your rights to access and control your protected health information. “Protected health information” is information about you,

including personal statistics, that may identify you and that relates to your past, present or future physical or mental health or

condition and related health care services.

**1. Uses and Disclosures of Protected Health Information**

Your protected health information may be used and disclosed by your counselor, office staff and others outside of my office

who are involved in your care for the purpose of providing health care services to you. Your protected health information may

also be used to pay your health care bills and to support the operation of this practice. Following are examples of disclosure

that I am permitted to make.

Treatment - Includes information to provide, coordinate, or manage your health care and related services. For example, I may release information to another counselor or physician to whom you may have been referred for assistance in diagnosis or treatment. Another example would be disclosure to a home health agency that provides care to you.

Payment- Includes information, as needed, to obtain payment for your health care services. This may include release of information for certain activities that your health care plan requires to approve or pay for services, such as to determine eligibility, medical necessity or utilization review. For example, obtaining approval for a hospital stay may require me to release information to your insurance, prior to admission.

Health Care Operations**-** I may need to disclose, as needed, information in order to support administrative and business activities of my practice. These activities may include, but are not limited to, licensing, and quality assessment activities.

I may share your information with third party “business associates” that perform various activities for my practice, such as by billing company. My business associates have a written contract that contains terms to protect the privacy of your protected health information.

**2. Other Permitted and Required Uses and Disclosures That May Be Made Without Your Authorization**

I may disclose your protected health information in the following situations without your authorization or providing you with an opportunity to agree or object. These situations include:

 Requirements by Law**-** for release of information for emergency situations or to avert serious health or safety situations. I

 am mandated to report situations involving immediate risk of serious harm to self or others or current child/elder abuse.

 Any disclosure will be made in compliance with the law and will be limited to the *relevant*  requirements of the law. You will

 be notified if required by law, of any such disclosure to:

- Law enforcement or judicial agencies - Health oversight regulatory agencies

 **-** Public Health Agencies- Any other protection required by law

 - Information protected beyond that required by law - Military Activity and National Security

 For your medical treatment, such as**:**

- to remind you of appointments - tell you of treatment alternatives

 - to communicate with your family - to get an interpreter for you

For other reasons to improve your health, such as:

- Authorized research

 - Organ procurement

 - Food and Drug Administration

**3. Uses and Disclosures of Protected Health Information based upon your written authorization**

Other uses and disclosures will be made only with your written authorization, unless otherwise permitted or required by law as

described below. You may revoke this authorization in writing at any time. If you revoke your authorization, I will no longer use

or disclose your information for the reasons covered by your written authorization. Please understand that I am unable to take

back any disclosures already made with your authorization, and have no control over the re-release of information by others.

**4. Uses and disclosures that require providing you the opportunity to agree or object.**

I may use and disclose your protected health information in the instances identified below. You have the opportunity to agree

or object to the use of all or part of the information. If you are not present or able to agree or object, then I, as your counselor

may use my professional judgement to determine whether the use is in your best interest.

 Others involved in your care: Unless you object, I may disclose to a member of your family, a relative, a close friend or any other person you identify, your protected health information that directly relates to that person’s involvement in your care. I may use or disclose information to notify or assist in notifying these persons of your location, general condition or death. Finally, I may use or disclose information to an authorized public or private entity to assist in disaster relief efforts and to coordinate disclosure to individuals involved in your health care.

**5. Your Rights**

You have the right to inspect and copy your protected health information for as long as I maintain your protected health

information. Typically this is seven years after the last active contact I have with you. You may obtain your medical record

that contains medical and billing records and any other records that my practice uses for making decisions about you. As

permitted by federal or state law, I may charge you a reasonable fee for providing a copy of your records.

Under federal law, however, you may not inspect or copy: psychotherapy notes; information compiled in reasonable

anticipation of, or use in a civil, criminal, or administrative proceeding; and laboratory results that are subject to law that

prohibits access to protected health information. Depending on circumstances, a decision to deny access may be reviewed,

and you may have a right to have this decision reviewed.

You have the right to have your counselor amend your protected health information. You may request an amendment about

you in a designated record for as long as I maintain this information. In certain cases, I may deny your request. If your

request is denied, you have the right to file a statement of disagreement, for which I may prepare a rebuttal. I will provide you

with a copy of any such rebuttal. All these documents will become part of your file.

You have the right to request a restriction of your protected health information. You may ask me not to use or disclose any

part of your information for the purposes of treatment, payment or health care operations. You may also request that any or

part of your information not be disclosed to individuals involved in your care or for notification purposes described in this Notice

of Privacy. Your request must state the specific restriction and to whom you want the restriction to apply. I do not have to

grant your request if in my professional judgement, I feel that the restriction is not in your best interest, or if I am legally

required to provide it. If I do agree to your request, I will not use or disclose that information unless it is needed to provide

emergency treatment.

You have the right to receive confidential communications from me by alternative means or at an alternative location. I will

 accommodate any reasonable written request. I may condition this accommodation by asking you for information as to how

payment will be handled, or for a alternative address or other method of contact. I will not request an explanation from you as

to the basis of this request.

You have the right to receive an accounting of certain disclosures made, if any, of your protected health information. This right

applies to disclosures for purposes other than those made for treatment, payment or health care operations, as described in

this Notice of Privacy. It excludes disclosures made, if you authorized me to make disclosure to individuals involved in your

care, for notification purposes, for national security or intelligence, or to law enforcement or correctional facilities. You have

the right to specific information regarding these disclosures that occur after April 14, 2003. The right to receive this information

is subject to certain exceptions, restrictions, and limitations.

You have the right to obtain a paper copy of this notice from me, upon request, even if you have agreed to accept this notice

electronically.

**6. Complaints**

You may make complaints to me in writing, or to the Secretary of Health and Human Services, if you feel that your privacy

rights have been violated. You will not be retaliated against for filing a complaint. You may contact me, Larry Moen, LPC by

phone or text at (907) 388-8963 or by mail at P. O. Box 71182 Fairbanks, AK 99707.

**I am required by law to maintain the privacy of your private health information and must abide by the terms of this**

**Notice or any update of this Notice.** I reserve the right to make changes to this notice and will issue revisions at your

request, or at your first appointment after any revisions have been made.

This notice becomes effective May 15, 2015.