Memory and Forgetting

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**SESSION 1**

* The structure of memory
	+ Mental constructs or templates
		- What we pay attention to
		- What we expect to need to pay attention to
		- Priming – unconscious attention
		- Filling in templates – current conditions
		- Filling in templates – associational factors
		- Filling in templates – habitual factors
		- Filling in templates – peer pressure and suggestibility
	+ Memory consolidation
		- Signal and noise
		- Associational connection
		- Reinforcement
		- “What fires together wires together”
		- Sleep and memory
	+ The re-creation of memories
	+ Neurological basis of memory
	+ Brain location of memories
	+ Types of memory
		- Short-term memory
		- Long-term memory
		- Unconscious memories



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